

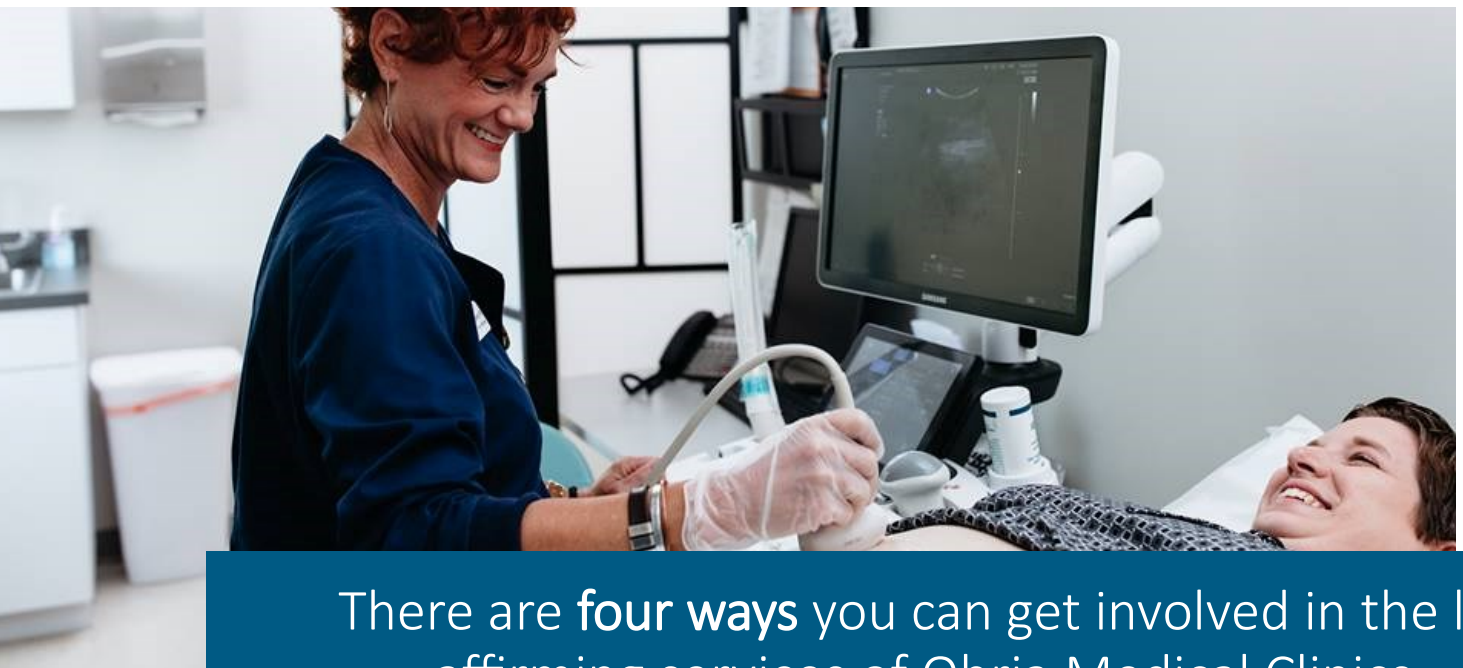


obria[®]

a life affirming medical clinic

Now accepting
new patients!

When you become a paying patient you are advancing a pro-life/life-affirming culture. In short, you are saving families and babies from the pain of abortion.



There are **four ways** you can get involved in the life affirming services of Obria Medical Clinics.

Healthy Relationship Coaching

Individuals aged **13 to 25** can receive one on one coaching on how to have healthy relationships from our trained staff. Throughout the 10 sessions, participants will explore the topics of **Suicide Prevention, Peer Pressure & Boundaries, Personal Strengths, Navigating Conflict, and Social Media Literacy**. Most insurance companies will pay for this type of risk reduction health coaching.

Call today and make an appointment for the teen or young adult in your life. You would be helping them set a good foundation for their future relationships.

Sexually Transmitted Disease and Infection Testing

The CDC states that the rate of STDs and STI's in our country are at epidemic levels and **recommends that everyone gets tested at some time in their life**. If you have or are serving in the military, have participated in contact sports, work in the medical field, or have had more than one sexual partner, you should be tested for the most common STDs. Most insurance companies will pay for a full panel of testing once a year.

Call today and make a confidential appointment with our understanding, faith focused staff.

Early Prenatal Care

Obria Medical Clinics is the first place for everyone to come when they think they might be pregnant. We **specialize in early prenatal care from 6 to 12 weeks of pregnancy**. We provide mothers with dating, viability of the pregnancy, and referrals to life affirming OB GYNs. When you come to see us for your early prenatal care you are supporting life-affirming care for other mothers who are at risk.

If you, or someone you know, is thinking they might be pregnant, **call today and make a confidential appointment**.

Fertility Education and Medical Management

Our nurse practitioner, along with several of our staff members, are trained in Fertility Education and Medical Management (FEMM) which can be beneficial for many female issues including PMS, infertility, hormonal imbalance and more. **FEMM can naturally guide women to root causes of potential health issues** by helping them track their health and achieve or avoid pregnancy. If you would like to take hold of your reproductive health and make informed choices, **call us today and set up an appointment**.

Call today to make that life saving and life changing appointment!

Des Moines: 515.864.8012
Burlington: 319.208.9445
Fort Dodge: 515.955.2260

Ames: 515.232.8000
Iowa City: 319.337.0575